

Hunger 101

Hunger 101 is a role-play and discussion activity designed to increase awareness and understanding of hunger and its many causes



in our community. The program simulates the challenges of feeding a family on a limited budget. It's an interactive approach - based on a program in Atlanta and adapted to the economics of the Greater Hartford area - to learning about hunger in our towns.

Call [FOODSHARE](tel:8602869999) to schedule a session: (860) 286-9999.

Faith-based Hunger 101



Additional material connecting this role-play with our faith:

- Gospel references
- Discipleship
- Catholic Social Teaching
- Corporal Work of Mercy "Feeding the Hungry"
- Assorted movies suggestions

Great for:

- Jr High or High School Faith Formation class
- Activity for a 24 Hour Food Fast, 30 Hour Famine or a Cardboard City overnight
- Preparation for youth to serve at a shelter, a food pantry, a food drive or a sandwich making project.

Contact Shawnee Baldwin at the Archdiocese of Hartford-Office of Religious Education/Disciple Project to schedule a session
860-243-9465 Ext 2672 or sbaldwin@adh-ore.org