



THE OFFICE FOR CATHOLIC
SOCIAL JUSTICE MINISTRY

Of the Archdiocese of Hartford

**CRS Rice Bowl Training
Lent 2019
Lent: March 6th – April 20th**

Lent is around the corner! As you prepare to utilize CRS Rice Bowl this Lent, the Office for Catholic Social Justice Ministry want to provide you with a brief training that will cover how to communicate what Rice Bowl is and how participation helps Catholic Relief Services and its mission. The training includes prayers, suggested ways of utilizing Rice Bowl, and additional resource to make this Lent more prayerful and more impactful.

Opening Prayer

[Prayer for Lenten Solidarity](#)

God of All Peoples,
As we look ahead to our Lenten journey,
may our fasting be a hunger for justice,
our alms an offering of peace,
and our prayers a reflection of humble and
grateful hearts.

We ask the Holy Spirit to accompany us
as we spend these 40 days reflecting on
what it means to be companions on the
journey
to encounter our global human family.'

How may this encounter with our neighbor
transform our own lives?

How may our prayers, fasting and
almsgiving support those worldwide?
who are forced to flee their homes?
for safety or better opportunities?

We ask this through our Lord Jesus Christ,
who lives and reigns with the Father and the
Holy Spirit,
one God forever and ever

Overview of CRS Rice Bowl

[Watch Video](#)

Reflection Question:

What is something new that you learned about Catholic Relief Services or Rice Bowl?

Encounter with Rice Bowl

[Watch Video](#)

Reflection Question:

How can you use the power of story with Rice Bowl more deeply this Lent?

Utilizing Rice Bowl

[Watch Video](#)

Reflection Question:

What are some new ways you can incorporate CRS Rice Bowl into parish life?

Resources

[CRS Rice Bowl Coordinator's Guide](#)

[CRS Rice Bowl Planning Timeline](#)

[CRS Rice Bowl App](#)

[Lenten Recipes](#)

[Share the Journey](#)

Closing Prayer

[Remain Here and Keep Watch with Me](#)

Lord of Gethsemane, Lord of Golgotha,
As you faced the injustices and assaults of
your final hours,
And even despair,
You asked only that your friends stay close
as long as they could.
Your solemn request was a cry for
solidarity.
My soul is sorrowful even to death.
Remain here and keep watch with me.

Through the ages, the Body of Christ is
assaulted still
In the suffering of your people.
Help us keep faithful, drawing closer,

As in their cry, we again hear the plea you
made

Resounding through the centuries and
repeated anew.

Remain here and keep watch with me.
Remain here and keep watch.
Remain here and keep.
Remain here.
Remain ...

Here we are, Lord.
We are here.
Remain Here and Keep Watch
With Me
Amen

We hope that this training was helpful in assisting you with initial planning for this Lenten Season. The Office for Catholic Social Justice Ministry is here to serve as a resource for your parish community. Please take some time to contact Patrick Laorden, our parish social ministry coordinator, with any feedback regarding this training, so that it may be improved for future use.

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