## Sign-up for EHC!'s Newsletters and Action Alerts...





**ACT** on Action Alerts!



End Hunger Connecticut!
CT No Kid Hungry campaign

Like Follow







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Donate To End Hunger CT!

Donate Now!

Click here to support the work of End Hunger Connecticut!

## Facts at your Fingertips

Hunger in Connecticut and the Programs That Help

Choose a fact and include the fact under your email signature. Link to <u>www.endhungerct.org</u> to learn more. Rotate the fact each month.



Sign-up for free Google Alerts and read current news on hunger.

Use "CT" in your search fields with:

- -End Hunger Connecticut!
- -CT No Kid Hungry campaign
- -Hunger
- -Food Security





Discuss hunger with your networks.

Share interesting hunger facts, articles, data, or quotes with at least 3 of your friends, family, and/or colleagues.





Share your SNAPShot!

Visit www.endhungerct.org, click on the SNAPShot image & use the form.

Post your story to our Facebook page.

Tweet your story using the #MyCTSNAPshot hashtag.

Write your story in a letter or email and send it to your elected officials.



Visit www.ctschoolbreakfast.org

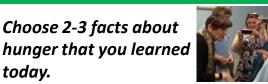
Are schools in your district participating in the federal School Breakfast Program?





Attend EHC!'s Legislative Days and

CT School Breakfast Summit in the Spring.



Ask your local elected officials to include the facts in their communications with constituents.



Volunteer in the office of End Hunger Connecticut! or at your area food bank, pantry, or shelter.





Organize a "Go Orange" Day.



today.

Help get the word out about free summer meals. Volunteer for Blitz Day.

Add productive comments in the comment sections of online news

stories about Hunger.



Take at least one action against hunger for each week of Hunger Action Month every September.

Ask friends, family, and colleagues to join you.





Organize a fundraising event to benefit End Hunger CT!

Organize and/or attend a community discussion about hunger and discuss ways to work together to end it.



